

Ingredients

Olive oil

French fries

Salt to taste

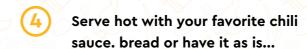
2 LOHMANN eggs

## TANZANIAN CHIPS MAYAI

## French Fries Omelette

- 1 Make yourself a good amount of French Fries or use store bought (I made my fries myself, just the way I like them
- 2) In a bowl whisk the eggs, add salt and pepper to taste. Add French fries to the bowl and mix it all well





then flip and cook the other side



Viola Holik
Sales & Technical
Service Africa



